

CHAMP



Community Health Assessment Mentorship Program

Sponsored by the CDC-Funded Assessment in Action Project with the Washington State Department of Health.

What is CHAMP?

CHAMP is a 12-month peer-to-peer mentorship program, matching experienced individuals with those wishing to gain experience in specific Community Health Assessment (CHA) competency areas.

Who is CHAMP for?

- 🏆 Staff new to CHA.
- 🏆 Current CHA staff interested in increasing their CHA competency.
- 🏆 Local health officials interested in building CHA capacity in their agency

Every effort will be made to match the mentor's special strengths with the mentee's unique needs. The mentorship year will focus on increasing the mentee's CHA competency in one or more areas through completion of a project of his/her choice.

Program Components

- 🏆 Twelve-month mentorship commitment.
- 🏆 Five mentoring pairs matched.
- 🏆 Mentorship pairs will focus on a specific project that will build mentee's CHA competency.
- 🏆 Training on mentoring will be provided to mentors and mentees.
- 🏆 Participants will be reimbursed for CHAMP-related travel and training costs.
- 🏆 CHAMP Coordinator will provide on-going support to mentorship pairs.

Potential Projects

- 🏆 Local BRFSS analysis
- 🏆 Complete a community Report Card
- 🏆 Conduct a program evaluation
- 🏆 Conduct a health assessment on your agency's (or county's) employees
- 🏆 Map community indicator data
- 🏆 Integrate assessment into an agency's Strategic Plan
- 🏆 Gain support and funding for a designated CHA position

Role of the Mentor

- 🏆 Inspire and help build self-confidence.
- 🏆 Set high expectations.
- 🏆 Share knowledge.
- 🏆 Teach by example and from experience.
- 🏆 Offer encouragement.
- 🏆 Offer constructive feedback of mentee's performance.

Mentor Requirements

- 🏆 Three or more years experience working in CHA.
- 🏆 Effective communication and listening skills.
- 🏆 Committed to professional development of self and others.
- 🏆 Have supervisor's approval to participate.
- 🏆 Commitment to goals and objectives of CHAMP.
- 🏆 Time commitment—1 to 2 hours per week.

Mentor Benefits

- 🏆 Gain leadership skills in mentoring and coaching.
- 🏆 Learn new angles and strategies on CHA through teaching.

Role of the Mentee

- 🏆 Be motivated and prepared to accept responsibility for their own growth and development.
- 🏆 Receive constructive feedback on their performance.
- 🏆 Complete a project.

Mentee Requirements

- 🏆 Desire to develop and increase their CHA competence.
- 🏆 Effective communication and listening skills.
- 🏆 Able to take on new responsibilities and challenges.
- 🏆 Have supervisor's approval to participate.
- 🏆 Commitment to goals and objectives of CHAMP.
- 🏆 Time commitment—6 to 8 hours per week.

Mentee Benefits

- 🏆 Increase CHA knowledge, skills, and abilities.
- 🏆 Build professional network of peers who can provide consultation and support.

How to Apply:

- 🏆 Review mentor, mentee, and CHAMP materials.
- 🏆 Get approval from your supervisor to participate.
- 🏆 Submit a completed CHAMP application and self-assessment tool to the CHAMP Coordinator.

For more information contact the CHAMP Coordinator:

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